



**Complete Nutritional Drink**



The Complete Nutrition Drink combines 10 unique products into one delicious drink. It contains both Whole Leaf Aloe vera and Aloe vera Gel fillet as a base. This provides a unique combination of Nature's Miracle Plant to deliver the maximum nutrient enhancement and other Aloe vera benefits.

The Complete Health Drink, **10 Products in 1:**

1. Whole Leaf Aloe vera	6. Ionic Minerals
2. Aloe vera Gel Fillet	7. Potassium
3. Grape Seed Polyphenols	8. Suma Tea
4. Tissue Salts	9. Ginseng Tea
5. Beta Carotene	10. Gingko Tea

**Liquidity's drink, Complete, is unique and valuable  
for the following reasons.**

1. Complete contains 5 trademarked proprietary blends of specially selected ingredients.
2. Members of Liquidity's Medical Advisory Board helped formulate the trademarked blends, with the best ingredients and the best intentions, to help the bodily functions of digestion, assimilation, elimination, protection and repair obtain optimal health.
3. Liquidity International Inc. solely owns the trademarked intellectual properties of the proprietary blends in Liquidity's formula that is known as Complete.



**Intellectual Properties owned and trademarked for Liquidity are as follows:****Aloe-Rite™:**

Liquidity's proprietary blend includes several different parts of Aloe Vera and encompasses several unique ways in which it is processed.

Pure unfiltered aloe Vera gel equals 99.5% water and .5% solids. Liquidity's blend contains 2 variations of the gel form: a liquefied state of the aloe Vera inner gel and small chopped filets of the aloe Vera inner gel. Together they provide a specific molecular weight that makes the aloe Vera readily absorbable to the body and extends its availability. The solids used include over 200 different types of molecules and contain the short and medium chain polysaccharides, which range between 12,000 and 64,000 Daltons in molecular weight.

Whole leaf aloe Vera is 99.0% water and 1% solids. Liquidity's blend of whole leaf is using both the filtered inner gel and the whole leaf. The combination of the filtered inner gel and the whole leaf is similar to the comparison of a potato...many of the vital nutrients are found in the skin. By preserving both the whole leaf and the filtered inner gel, with the elimination of the aloin (anthraquinone glycosides), which is the harsh laxative ingredient, all the nutrients can be used. The whole leaf doubles the level of the solids from .05% to 1% and contains the highest level of long chain polysaccharides, which range between 1 and 2 million Daltons in molecular weight.

Incorporating the use of the filtered inner gel and the whole leaf of aloe Vera into Liquidity's proprietary blend includes all the polysaccharides: long, medium and short and completes the full orchestra theory of helping the body to use all the instruments necessary to perform well.

**Aloe Vera:** is scientifically proven to be effective in assisting the body in the following functions:

1. Soothing the digestive tract,
  2. Aiding the assimilation of vital nutrients,
  3. Modulating the immune system, and
  4. Stimulation of fibroblasts which accelerate the healing process.
- Processing and preserving vital nutrients during harvesting is essential to good aloe.

**Anti-Ox-Right™:**

The blend is derived from Grape Seed Polyphenols, 5 Herbal Tea extracts and Beta-Carotene. The following are reasons why Liquidity selected these ingredients:

1. Results show they may help to protect cells from free radicals and oxidative damage.
2. And, results have shown they may help with cellular integrity that is essential for optimal health.

**Grape Seed Polyphenol:** contains Proanthocyanidins (OPC's), which contain antioxidant activity. This activity may play a role in the stabilization of collagen and may help in the maintenance of elastin. The OPC's have been used with chronic venous insufficiency, capillary fragility, retinopathy and varicose veins. The Proanthocyanidins found in Grape Seed Polyphenols are considered to be among the most potent of antioxidants.

**Beta-Carotene:** a substance from plants producing dark green and yellow-orange vegetables that contain Vitamin A. Beta-Carotene may also help as an anti-oxidant and may help to boost the immune system.

**Ginkgo Biloba Tea:** the medicinal use of Ginkgo Biloba, brewed as a tea, can be traced back almost 5000 years in Chinese herbal medicine. The Chinese have attributed primarily to 2 groups of active constituents which they claim have medicinal benefits:

Ginkgo flavone glycosides – which are claimed to typically make up 24 % of the extract are primarily responsible for GBE's antioxidant activity and may mildly inhibit platelet aggregation (stickiness). This action may help GBE prevent circulatory diseases, such as atherosclerosis and support the brain and central nervous system. Preliminary trials have suggested potential benefit for people with macular degeneration and diabetic retinopathy.

Terpene Lactones – found in GBE and are known as ginkgolides and bilobalide. They typically make up 6% of the extract. They have are associated with possibly helping increase circulation to the brain and other parts of the body and may exert a protective action on nerve cells. GBE may also help to regulate tone and elasticity of blood vessels, making circulation more efficient.

**Siberian Ginseng Tea:** ginseng's actions in the body are thought to be due to a complex interplay of constituents. The primary group is the ginsenosides, which are believed to counter the effects of stress and enhance intellectual and physical performance.

**Suma Tea:** used for centuries as a folk remedy to combat stress, chronic fatigue, menopausal symptoms, diabetes, and enhance the immune system.

**Cat's Claw Bark Tea:** grows in the rain forests of Peru. Reportedly used by indigenous peoples in the Andes to treat inflammation, arthritis, rheumatism, gastric ulcers, and tumors and to promote wound healing. Although clinical trials are lacking, cat's claw has become very popular in North America and is some times recommended for people with cancer or HIV virus.

**Pau d'Arco Tea:** native peoples in Central and South America reportedly use Pau d'Arco tea to treat cancer, lupus, infectious diseases, wounds and many other health conditions. Caribbean folk healers use the leaf to make a tea for the treatment of backache, toothache, sexually transmitted disease, and as an aphrodisiac.

### **Vit-L-Right™:**

Liquidity has selected the following vitamins and trademarked Vit-L-Right as their proprietary blend of whole food-format vitamins consisting of the necessary macronutrients for good health. Liquidity believes the whole food-format is the best form to present the vitamins for the body's reception. These reasons are as follows:

1. The vitamins blended in Vit-L-Right<sup>®</sup> are presented in a whole-food matrix found in nature with all the co-factors, enzymes, proteins, essential fatty acids, nucleic acids and glyco-nutrients.
2. Whole food-format vitamins in Vit-L-Right<sup>®</sup> are up to 500% more bio-available for functional use by the body than typical synthetic vitamins.

**Folic Acid:** is a B vitamin needed for cell replication and growth. It helps to form the building blocks of DNA, the body's genetic information, and building blocks of RNA, needed for protein synthesis in all cells. Folic Acid is needed to keep homocysteine levels in the blood from rising. When combined with B vitamins, some research reports, Folic Acid and the B vitamin function as cofactors by helping enzymes lower homocysteine levels.

**Vitamin B-6:** The master vitamin for processing amino acids in the building blocks of all proteins and some hormones. Vitamin B-6 aids in the formation of several neurotransmitters and is therefore an essential nutrient in the regulation of mental processes and possibly moods. In combination with the Folic Acid and Vitamin B-12, Vitamin B-6 lower homocysteine levels – an amino acid linked to heart disease, strokes, and other diseases as well, such as osteoporosis and Alzheimer’s disease. In some, but not all studies, Vitamin B-6 improved glucose tolerance in women with diabetes.

**Vitamin B-12:** Needed for normal nerve cell activity and DNA replication. Vitamin B-12 acts with Folic Acid and Vitamin B-6 to help control homocysteine levels, which in some studies have showed to lower the homocysteine levels – an amino acid linked to heart disease, strokes, and other diseases as well, such as osteoporosis and Alzheimer’s disease.

**Selenium:** activates an anti-oxidant enzyme called glutathione peroxidase, which may help protect the body from cancer. May also help boost the body’s immune system. Selenium source is pressed from Brazil nuts and put into a whole food matrix.

### **Min-ri-Right™:**

Liquidity’s proprietary blend of ionic and food-matrix minerals

**Ionic Minerals:** The human body lives by biochemical and electrical impulses. Minerals provide charged electrical activity to run the body. Collected naturally from the Great Salt Lake the minerals provide a full spectrum of natural ionic minerals.

**Food-Matrix Minerals:** Provide needed selenium and GTF chromium to strongly support the body’s anti-oxidant levels, blood sugar balance and immune system. The food format minerals provide the highest bioavailability and the most effective delivery system. Food-matrix minerals are uniquely identical to plant-source minerals.

**Ionic Minerals:** essential for increased cellular activity and bioelectrical responses. Minerals are essential to life. They are needed for the bones, teeth and muscle function. Ionic minerals are minerals in their smallest possible form while still remaining suspended in a liquid. This form allows the ionic minerals to transfer easily and quickly into the body’s cells.

**Spirulina:** provides a wide range of delicate phytonutrients. The phytonutrients include anti-oxidants known for giving fruits and vegetables their orange and yellow colors. Nutritionists recommend the intake of phytonutrients to protect against the harmful effects of UV sunlight, pollution, and environmental stress. This multiple enzyme also contains an abundance of protein and a good amount of gamma linolenic acid (GLA). GLA is responsible for reducing heart attacks, improving circulation and relieving arthritis pain. One of the proteins in Spirulina is phycocyanin, (PC), combines with Spirulina’s high chlorophyll content. This gives the algae its dense concentrations of protein. Its use has been widely heralded as an excellent anti-oxidant. Energy levels and mental energy may increase with the use of Spirulina. Hawaiian Spirulina is drawn from the world’s cleanest and deepest ocean. No other Spirulina is grown with such a rich source of naturally occurring nutrients.

**Potassium Citrate:** helps regulate water balance, levels of acidity, blood pressure, and neuromuscular function. This mineral also plays a critical role in the transmission of electrical impulses in the heart. Potassium is also required for carbohydrate and protein metabolism.

**Tissue Salts:** are important for daily functioning, maintaining, rebuilding, and detoxifying of the cells. Disease does not occur if cell metabolism is normal. Cell metabolism is in turn normal if cell nutrition is adequate. The ability of the body cells to assimilate and to execute and further to utilize nutritional material is impaired if there is a deficiency. Adequate cell nutrition may be restored and cellular metabolism normalized by supplying the required tissue salts to the organism in a finely divided assimilable form to aid in correction and prevention of cellular imbalance.

**Fiber-Right™:**

Liquidity’s proprietary blend of fiber is deemed necessary for:  
Maintaining optimal colon health and, supporting body weight management

**Nopal:** is prickly pear cactus and has been used as a food source in Mexico and the southwestern United States. It contains fiber and pectin components, which may have hypoglycemic activity. It is also thought to possibly lower cholesterol.

**Fibersol 2:** a dietary fiber known to help keep the digestive system clean and healthy and may help regulate blood sugar and reduce the risk of some life-style related diseases.

\*\*\*\*\*



Liquidity **Complete Charge** contains a high level of antioxidants which have a proven ability to protect from harmful free radicals which destroy healthy cells. Liquidity’s Complete Charge can be purchased by the single bottle or in a package of three bottles. Each bottle contains 90 capsules.

**Benefits**

Liquidity has produced the most advanced nutritional product that can provide a sound nutritional base and health factors for the entire family. Complete Charge provides the perfect balance of supplementation to restore balanced metabolic function. This nutritional base is designed to work in harmony with the liquidity Complete Drink.

**Who Can Use It**

Liquidity’s Complete Charge is an advanced nutritional product that can provide a sound nutritional base for wellness. Complete is designed with specific supplementation to create balanced metabolic function.

People with known allergies to any of the Complete ingredients or with a history of allergies should always consult a physician before using this or any nutritional supplement.

**Directions**

Take three capsules per day with water. As dietary supplement.

**Ingredients**

Grape Seed Extract, Ionic Minerals, Nopal Extract, Whole Leaf Aloe (100:1), Aloe Polysaccharide, Aloe Vera Gel (200:1), Complete Tissue Salts

## Liquidity's COMPLETE Health Drink

### Product Classification:

Complete Health Drink is classified as a Beverage and the Aloe content is certified pure by the International Aloe Science Council. The Complete drink is classified as a Food product by the Texas Department of Health.

### How it Works:

The Complete Health Drink combines 10 unique products into one delicious drink. It contains both Whole Leaf Aloe vera and Aloe vera Gel fillet as a base. This provides a unique combination of Nature's Miracle Plant to deliver the maximum nutrient enhancement and other Aloe vera benefits.

### Product History:

The Complete Health Drink was formulated with more than 20 years experience in nutritional drinks, a team of formulators and scientists looked at all possible synergies between Nature's Miracle Plant, Aloe vera and other supplements. Aloe vera works well with herbs. Aloe vera works well with certain vitamins. Aloe vera works well with anti-oxidants. Aloe vera works well with Ionic Minerals. The Complete Health Drink works synergistically by combining these time proven formulas into one delicious drink. It is the world's most complete general nutritional supplement.

### Ingredients:

#### PROPRIETARY BLEND

Aloe Vera Gel (200:1), Aloe Vera Gel Fillet, Aloe Polysaccharide, Whole Leaf Aloe (100:1), Nopal , Grape Seed Extract , Ionic Minerals, Complete Tissue Salts, Spirulina.

### Food Format Vitamins:

Folic Acid, Vitamin B6, Vitamin B12 and Selenium in Complete are in Food Format state.

### Other Ingredients:

Purified Water, Crystalline Fructose, Fiber Rite (Fibersol 2) , Potassium Citrate, Herbal Tea Blend ( Ginkgo, Siberian Ginseng, Cats Claw Bark, Pau D'Arco) Natural Flavors (Mango,Lemon, Passion Fruit, Papaya, Orange) Sucralose, Acesulfame Potassium Citrate, Beta Carotene, Citric Acid, Xanthan Gum, Sodium Benzoate and Potassium Sorbate.

### The Complete Health Drink

- |                           |                   |
|---------------------------|-------------------|
| 1. Whole Leaf Aloe vera   | 6. Ionic Minerals |
| 2. Aloe vera Gel Fillet   | 7. Potassium      |
| 3. Grape Seed Polyphenols | 8. Suma Tea       |
| 4. Tissue Salts           | 9. Ginseng Tea    |
| 5. Beta Carotene          | 10. Ginkgo Tea    |

### Suggested Use:

Drink 1-2 ounces per day as desired. 1 ounce of the Complete Health Drink is designed to deliver more than 10 synergistic nutritional products in one simple step.

### I Ionic Minerals List

Antimony	Gadolinium	Neodymium	Silver
Barium	Gallium	Nickel	Strontium
Beryllium	Germanium	Niobium	Sulfur
Bismuth	Gold	Nitrogen	Tantalum
Boron	Hafnium	Osmium	Tellurium
Bromine	Holmium	Oxygen	Thallium
Carbon	Hydrogen	Palladium	Thorium
Cerium	Indium	Phosphate	Thulium
Cesium	Iodine	Platinum	Tin
Chlorine	Iridium	Praseodymium	Titanium
Chromium	Iron	Rhenium	Tungsten
Cobalt	Lanthanum	Rubidium	Vanadium
Copper	Lithium	Ruthenium	Ytterbium
Dysprosium	Lutetium	Samarium	Yttrium
Erbium	Manganese	Scandium	Zinc
Europium	Magnesium	Selenium	Zirconium
Fluorine	Molybdenum	Silicon	

### Common Questions:

#### Q: What is the Complete Health Drink Used for?

A: The Complete Health Drink is the perfect general nutritional supplement. It is designed for everybody. The scientifically formulated minerals and vitamins contained in the Complete help supplement and provide basic daily nutrition for all ages and every health group.

#### Q: Is the Complete Health Drink safe for everyone?

A: The ingredients in the Complete Health Drink are all natural and provide some of nature's most healing benefits. Liquidity's Complete consists of over 80% Aloe-Rite Aloe Vera blend, in addition to 200mg per oz of Grape Seed Extract, Ionic Minerals, Nopal, Food Format Vitamins and Tissue Salts. People with known allergies to these ingredients or with a history of allergies should always consult a physician before using this or any nutritional supplement.